



Porto4Ageing OPEN DAY

9 de Maio às 9:00h
Complexo ICBAS/FF UP

9:00h – Opening session

Representatives of Câmara Municipal do Porto, ARS Norte, Reitoria Universidade Porto, and Faculdade de Farmácia.

9:15h – Program presentation “Viva Gli Anziani!”

Giuseppe Liotta, Department of Biomedicine and Prevention, University of Rome “Tor Vergata”, Rome, Italy (via Skype)

9:30h - **FrailSurvey** mobile application presentation

Elísio Costa, Mafalda Duarte

9:45h – Porto4ageing partner’s presentations

Health and Medical Tourism

Paulo Novais, Travel Health Experience

PRONUTRISENIOR project

Maria Daniel Vaz de Almeida, FCNUP

Physical Activity and Therapy for Active Aging

Roberto Pereira, Centro de Desporto Adaptado do Sport Club do Porto

Intergenerational Boccia

Paulo Sá, ProdigyFrontier

Research & Resources from CPUP for Porto4Ageing

Celia Sales, Centro de Psicologia da Universidade do Porto

Age pyramid inversion - impact in terms of dissemination of resistance to antibiotics

Helena Ferreira, FFUP

Adhesion in chronic dermatoses. What is missing?

Ana Teixeira

APRe! Mission and values

Elisabete Moreira, APRe!

Education for Security: Prevention & Citizenship

Jorge Magalhães e Miguel Tato Diogo, Rotary

Physical exercise program for the senior population of CIAFEL, FADEUP - Project “More Active, More Lively”

Joana Carvalho, CIAFEL, FADEUP

CIDESD-ISMAI evidence-based exercise programs for ageing and chronic diseases

João Viana, ISMAI

Senior University of Rio Tinto - We Create Social Ties

Mónica Babo, Junta Freguesia Rio Tinto

11:00 – Coffe-Break

11:30 - Porto4ageing partner’s presentations

Health Literacy for an Active and Healthy Ageing

Miriam Gonzaga, ARS Norte

TEC4AHA by INESC TEC

Cristina Machado Guimarães, INESC TEC

Learning to grow older in a digital era

Isabel Alves, Instituto Piaget



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Cultural and semantic components of the Ageing discourse: contributions from Design Research

Heitor Alvelos, Susana Barreto and Pedro Carvalho de Almeida, Design Research, ID+: research group "Unexpected Media"

University Programme for Senior Citizens of the University of Porto

Maria da Graça Castro Pinto, FLUP

Self-care and self-help systems in a lifestyle improvement program

Tatsuya Kanda, Fundação MOA

INEGI Health & Wellbeing | Technology Offer and Innovation for Porto4Ageing

Marta Oliveira, INEGI

Instrumented Devices for Health and wellbeing

Teresa Restivo, FEUP

vintAGEING project

Tânia Martins, Escola Superior de Saúde Santa Maria

Taking AHA solutions to Market

Ana Solange Leal, INOVA+

SHARE - Sharing intergenerational experience

Augusto Bianchi Aguiar, Associação SHARE

Evolution of Porto Misericórdia Intervention in the support and accompaniment of elderly people

Catarina Martins, Misericórdia do Porto

OASRN for an active ageing

Cláudia Costa Santos, Ordem dos Arquitetos Secção Regional Norte

Operação Caça-Sorriso" – Senior animation in roaming and events for IPSS

Sara Figueiredo, Tempo XL

Active and healthy ageing @ Home

Filipe Sousa, Fraunhofer Portugal – AICOS

13:00- Closing session

Exhibitors:

Centro de Desporto Adaptado do Sport Club do Porto; ProdigyFrontier; CPUP; APRE; Fundação MOA; Junta de Freguesia Rio Tinto; INESC-TEC; GAS Porto; INEGI; Comfort Keepers; FPCCSida; Mundo a sorrir; CCNSPS; Tempo XL; Fraunhofer Portugal – AICOS; ARSNorte.